

# The Value of the CHES in the Workplace

**NCHEC-Certified Health Education Specialists are highly qualified to coordinate a variety of vital programs to improve the quality of the lives of your employees and their families.**

In the hands of a CHES, your health promotion initiatives will be designed to improve employee health, job satisfaction and productivity; and help to minimize absenteeism, injuries and workers' compensation claims. Obviously, a CHES becomes a very valuable member of your organization — he or she can improve the health of your employees, thereby cutting health-related costs in the process.

Your CHES is trained and credentialed to 1) assess the need for and 2) plan, develop, implement, manage and evaluate specific programs on:

- { Reducing occupational risks.
- { Quitting smoking.
- { Nutrition and exercise.
- { Substance abuse prevention.
- { Stress management.
- { Other concerns specific to your company.

"We support the hiring of Certified Health Education Specialists to conduct the quality health education worksite programs that we provide for our clients."

Peter H. Soderberg, President  
Johnson & Johnson  
Health Management Inc.

To learn more about the value of an NCHEC-Certified Health Education Specialist to your employees and your organization, please contact us today.

**The National Commission for Health  
Education Credentialing, Inc. (NCHEC)**

1541 Alta Drive, Suite 303  
Whitehall, PA 18052  
Phone: 888-624-3248  
Fax: 800-813-0727  
e-mail: [nchec@nchec.org](mailto:nchec@nchec.org)  
[www.nchec.org](http://www.nchec.org)

