



CERTIFIED HEALTH EDUCATION SPECIALIST (CHES) EXAM APPLICATION HANDBOOK



BENEFITS OF CERTIFICATION



1. Establishes a national standard
 2. Attests to your knowledge and skills
 3. Assists employers in identifying qualified practitioner
 4. Sense of pride and accomplishment
 5. Promotes continued professional development
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Please read this handbook before completing the application.

Nondiscrimination

NCHEC does not discriminate against any individual on the basis of religion, gender, ethnic background or physical disability.

Submitting Your Application

PRINT your name on the application **EXACTLY** as it should appear on the CHES certificate. It is your responsibility to notify NCHEC of any changes in name and/or address before taking the exam.

Your application should include:

- Completed application form
- Official transcript reflecting school name(s), degree(s), date(s) awarded and all completed coursework (application cannot be processed without a transcript). If sent separately, transcripts should be submitted no later than 30 days after application submission and prior to the final deadline or you will be subject to increased exam fees.
- Application fee
- Falsification of any documentation may result in suspension or revocation of the credential or denial of eligibility for future exams

We recommend sending applications via Certified Mail, Federal Express, Second-Day Mail or completing online.

Incomplete applications will not be processed until all necessary information is received. Exam fees are nonrefundable. NCHEC is not responsible for missing information, such as transcripts sent separately. All documentation must be submitted by final deadline. Delays may result in an automatic transfer to the next exam date with an additional **\$100** transfer fee. Please be sure to include all items at the time of application.

Online Services

Individuals may complete their application online and mail or fax transcripts by the deadline. Applicants can then track the processing status and update contact information by logging onto our Web site.

To apply online, access the Web site at www.nchec.org and follow the step-by-step instructions for completing the application process. After your application is submitted, mail your transcripts to NCHEC as soon as possible to continue the review process and determine eligibility. At any time, you have the ability to log on to NCHEC's Web site and view your status.

Please only use one method to apply: online or mail to avoid duplicate applications.

Application Screening and Eligibility

Screening of exam applications begins six months prior to the exam date. Applicants will receive a written notification of eligibility determination within six weeks after all required documents are received. **The application fee INCLUDES a \$100 nonrefundable processing fee that will be deducted from any refunds.**

Eligibility: Requirements include a bachelor's, master's, or doctorate's degree from an accredited institution of higher education; AND either of the following 1) an official transcript that clearly shows a major in Health Education, Community Health Education, Public Health Education, School Health Education, etc., OR 2) an official transcript that reflects at least 25 semester hours (or 37 quarter hours) of coursework (with a grade "C" or better) addressing the Areas of Responsibility for Health Educators delineated in *A Competency-Based Framework for Health Educators - 2006*.

Appeal of Denial of Eligibility:

1. If NCHEC does not approve an application for educational and/or disciplinary reasons, the applicant can initiate an appeal. Appeals must be made in writing to the Executive Director of NCHEC, including any supportive documents. The applicant is responsible for demonstrating that the appeal should be granted.
2. Appeals will be forwarded to the appropriate Division Board staff for review. The applicant will be notified in writing via USPS mail of the subsequent decision.

90-Day Eligibility: This is offered to students scheduled to graduate within 90 days of an exam date. Written verification from a faculty advisor assuring the student will complete all degree requirements and an official transcript showing a minimum of 25 semester-hours relating to the Areas of Responsibility for Health Educators needs to be submitted. **Test scores will not be released until proof of graduation is received.**

Prescreening Service (Optional): This is a separate optional service offered to individuals and should **ONLY** be used if you are **not sure** you meet the requirements for the CHES exam. If you are found to be eligible the \$25 prescreen request fee will be deducted from the exam registration fee and an application and instructions will be mailed to you. If ineligible, course deficiencies will be identified and guidance will be provided. If you are interested in taking advantage of the prescreening service visit our Web site, www.nchec.org, to download the Prescreen Request Form or contact NCHEC to receive a form.

Requests for Special Testing Accommodations

Applicants requesting special arrangements and other special needs due to disabilities or religious restrictions must indicate this information on the application. Supporting documentation is required such as a letter from a religious leader indicating necessity to take for the exam on Sunday if choosing a Sabbath site. **All requests must be received by application final deadline.**

Changes to Your Application

It is the applicants responsibility to notify NCHEC of any changes in address or contact information.

Address: Changes can be made by visiting our Web site, www.nchec.org, and logging on with your username and password or by contacting the NCHEC office via fax or e-mail. Please note: address changes made after admission tickets are printed may result in a ticket reprint fee.*

Test Site Relocations: Changes to your test site choice must be made in writing no later than **30 days** prior to the exam date. **Disclaimer:** Every effort will be made to schedule a candidate to his/her first test site choice. In the event a minimum required number of candidates does not register for a given test site, NCHEC reserves the right to assign the second test site choice.

Preparing for the Examination

NCHEC publishes study materials to help you prepare for the exam. Materials available for purchase are *The Health Education Specialist: A Study Guide for Professional Competence (5th Edition)* and *A Competency-Based Framework for Health Educators - 2006*. See the enclosed publication order form for details. You may want to contact the nearest college or university with a health education department or visit our Web site at www.nchec.org to determine if there is a CHES exam review session offered near you. It is important to remember that the exam is national in scope. You are encouraged to keep your resources broad and use your own text books as well as others. The study guide should not be your sole source of information.

Admission Tickets

Approximately two weeks before the exam, you will be mailed an admission ticket showing test date, time, site location/address, room number and map/directions (if available). If you do not receive an admission ticket, or if the information on the ticket is incorrect, please notify NCHEC immediately at (888) 624-3248.

***Ticket Reprint Fee:** A \$25 fee will be charged for ticket reprints. NCHEC is not responsible for individuals who have moved without notice. Please contact our office for ticket reprint requests.

Examination Administration

The exam period is 8:30a.m.-11:30a.m., however, you are expected to arrive at least 30 minutes prior to the start time for registration. Once the exam period begins, NO ONE will be admitted to the testing room. You will have three hours to complete the exam. Special needs candidates, with proper documentation, will be allowed up to six hours for completion.

What to bring on the Examination Day

1. Original admission ticket
2. Photo identification (i.e., driver's license, employee/student ID card, passport). If a photo ID is not available, two (2) pieces of valid identification bearing your signature must be presented. SOCIAL SECURITY cards are NOT acceptable
3. Several sharpened No. 2 pencils. Pencils **will not** be supplied.

Not Permitted in the Testing Room: books, papers, calculators, reference material, food, cell phones, smoking or visitors.

Security

No part of the exam may be copied or reproduced in part or in whole by any means what-so-ever, including memorization. Candidates may not solicit questions or discuss items that were on previous exams with other NCHEC candidates or individuals who hold the CHES credential. Candidates are required to sign an affirmation and agreement statement on the application. Violation of the affirmation and agreement may result in suspension or revocation of the CHES credential from those who have earned it or suspension or denial of eligibility for future exams.

Examination Grievance

Any complaints regarding testing conditions or irregularities must be submitted in writing within two weeks after the examination date. We value constructive feedback to help us provide a comfortable exam environment.

Examination Results

Exam results will be mailed approximately eight weeks after the exam date. No scores or pass/fail information will be given by phone, e-mail or fax. **NOTE:** Candidates who applied under the 90-Day option will not receive exam pass/fail information until proof of graduation is received by NCHEC.

ReScoring Your Test Results

In the event you wish to have the results rescored, this service is available through Professional Examination Services (PES). The results would be hand-scored at a charge of **\$75** to you. Please contact NCHEC in writing to request this service.

Failure If you do not pass the exam, you may take the next scheduled exam at a reduced fee of **\$150**. This reduced fee is only valid for the next scheduled exam date. To exercise this option, you must submit an exam registration form by the final exam deadline.

Rescheduling the Examination

Withdrawal: This option is available and intended to be used if you are not anticipating taking the exam in the future. Candidate will be refunded the exam fee minus a **\$100 nonrefundable processing fee**. This request is required to be submitted in writing no later than **30 days** prior to the exam date. If notification is not received within 30 days prior to the exam date, candidates will automatically be considered a "no-show" as outlined below. **Refunds are only available the exam cycle in which you originally applied.**

Deferral: This option is available for candidates who wish to reschedule to the next exam date and will be charged a **\$100 deferral fee**. This request is required to be submitted in writing no later than **30 days** prior to the exam date. If notification is not received within 30 days prior to the exam date, candidates will automatically be considered a “no-show” as outlined below.

No-Show: If you do not take the exam on the scheduled date you are considered a No-Show and will be charged a **\$150 rescheduling fee to register for the next exam. This reduced fee is only valid for the next scheduled exam date.** NCHEC will be sending registration instructions for the next scheduled exam approximately 30 days after the exam date. Unexpected circumstances will be considered and fee waiver requests will be reviewed.

Transfer: Incomplete applications will automatically transfer to the next exam date along with an additional **\$100** transfer fee. Exam fees are nonrefundable for incomplete applications.

CHES Certification

By passing the exam, you become a **Certified Health Education Specialist (CHES)** and earn the honor of using this credential. Each CHES will receive a certificate suitable for framing, a wallet-sized identification card and orientation materials. If you applied under the 90-Day option you must submit proof of graduation before you can become certified and receive your exam results.

Maintaining The Certification

The CHES certification is valid for a period of five years. All CHES must **renew** their credential annually, and **recertify** every fifth year. Renewal requires paying the annual renewal fee. Recertification requires accruing a total of 75 continuing education contact hours by the end of the fifth year. It is recommended that CHES accumulate a minimum of 15 hours each year. A Renewal/Recertification Policies and Procedures booklet will be provided upon certification.

CERTIFIED HEALTH EDUCATION SPECIALIST (CHES) SPRING EXAMINATION

Test Dates:

April 25, 2009

Sunday, April 26, 2009 (Sabbath Site Locations only)

8:30 a.m. - 11:30 a.m. Local Times

APPLICATION DEADLINES

U.S. Postmarked on	Non-Student Fee	Student Fee
Nov. 1, 2008 to Dec 1, 2008	\$240.00	\$210.00
Dec. 2, 2008 to Jan. 2, 2009	\$250.00	\$210.00
Jan. 3, 2009 to Feb 1, 2009	\$280.00	\$210.00
Feb. 2, 2009 to March. 1, 2009	\$330.00	\$265.00

Applications postmarked after March 1, 2009 will NOT be accepted

NOTE: Fee increase effective November 1, 2007. This is the first increase since 1997.

Application Processing Fee: A **\$100 non-refundable processing fee is INCLUDED** in the application fees indicated above. This processing fee will be deducted from any refunds.

Student fee: A student fee is offered to those individuals enrolled full-time (min. of 9 credits) in a university level program at the time of application submission. To qualify for the student fee, the applicant must indicate degree information being used for eligibility.



Credentialing Excellence in Health Education

Certified Health Education Specialist Responsibilities and Competencies

(Based on NCHEC (2006): "A Competency-Based Framework for Health Educators – 2006", Whitehall, PA: NCHEC).

- 1. Assess Individual and Community Needs for Health Education**
 - 1A. Access existing health-related data.
 - 1B. Collect health-related data.
 - 1C. Distinguish between behaviors that foster or hinder well-being.
 - 1D. Determine factors that influence learning.
 - 1E. Identify factors that foster or hinder the process of health education.
 - 1F. Infer needs for health education from obtained data.
- 2. Plan Health Education Strategies, Interventions, and Programs**
 - 2A. Involve people and organizations in program planning.
 - 2B. Incorporate data analysis and principles of community organization.
 - 2C. Formulate appropriate and measurable program objectives.
 - 2D. Develop a logical scope and sequence plan for health education practice.
 - 2E. Design strategies, interventions, and programs consistent with specified objectives.
 - 2F. Select appropriate strategies to meet objectives.
 - 2G. Assess factors that affect implementation.
- 3. Implement Health Education Strategies, Interventions, and Programs**
 - 3A. Initiate a plan of action.
 - 3B. Demonstrate a variety of skills in delivering strategies, interventions, and programs.
 - 3C. Use a variety of methods to implement strategies, interventions, and programs.
 - 3D. Conduct training programs.
- 4. Conduct Evaluation and Research Related to Health Education**
 - 4A. Develop plans for evaluation and research.
 - 4B. Review research and evaluation procedures.
 - 4C. Design data collection instruments.
 - 4D. Carry out evaluation and research plans.
 - 4E. Interpret results from evaluation and research.
 - 4F. Infer implications from findings for future health-related activities.
- 5. Administer Health Education Strategies, Interventions, and Programs**
 - 5A. Exercise organizational leadership.
 - 5B. Secure fiscal resources.
 - 5C. Manage human resources.
 - 5D. Obtain acceptance and support for programs.
- 6. Serve as a Health Education Resource Person**
 - 6A. Use health-related information resources.
 - 6B. Respond to requests for health information.
 - 6C. Select resource materials for dissemination.
 - 6D. Establish consultative relationships.
- 7. Communicate and Advocate for Health and Health Education**
 - 7A. Analyze and respond to current and future needs in health education.
 - 7B. Apply a variety of communication methods and techniques.
 - 7C. Promote the health education profession individually and collectively.
 - 7D. Influence health policy to promote health.